Kettle Brand® Baked Potato Chips
Lightly Salted (100 Calorie Pack)

Ingredients: Potatoes, safflower and/or sunflower oil, sea salt.

Nutrition Facts

Serving Size .8oz 1 bag (23g)
Servings Per Container 1

Amount Per Serving

Calories 100	Calories from Fat 25
	% Daily Value*
Total Fat 2.5g	**4%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	**0%**
Sodium 110mg	**5%**
Potassium 360mg	**10%**
Total Carbohydrate 17g	**6%**
Dietary Fiber 2g	**6%**
Sugars 0g	
Protein 2g	

Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4